



Mary Helen Leath

September 4, 1931 - January 16, 2026

“The Nearest Thing To The Love of God
Is The Love of a Mother’s Heart”

Mary Helen Leath, the daughter of the late Wade and Ethel Lewis Brown, was born September 4, 1931 in Lynchburg, Virginia. She departed this life on Friday, January 16, 2026 after a lengthy illness. She was a resident of Stamford for most of her life.

Mary was a faithful member of Union Baptist Church for many years and through the years she served under several ministerial leaders; Reverend Charles Sargeant, Reverend Charles M. Franklin & Reverend Robert W. Perry. In addition to being a devoted parishioner, she worked for many years in the church office first under the guidance of Helen Hubbard and continued for many more years thereafter. Mom enjoyed her church, and she was also a member of the UBC choir. Out of church she believed in caring and supporting children who were intellectually and developmentally disabled. There were many occasions she would invite several children to our home to spend the holiday season. Mom loved bowling and was actually very good. She participated in a local bowling league and faithfully attended every week. Mary is survived by her beloved children, Vanessa Jackson, of Houston, TX, Allen M. Leath, III of Bridgeport, CT and Aleta Leath of Washington State. Along with a host of extended family members, cousins, cousins of cousins, cousins of cousins of cousins! The list goes on.

She was predeceased by her husband, Allen M. Leath, Jr., and her son Steven Leath. She was also predeceased by sister, Arita May Ingram of Stamford, brothers, James Brown of Stamford, William Brown of Lynchburg, VA, Herman Brown of Fayetteville, N.C. and Frank Brown of Philadelphia, PA. Mary has three grandchildren, Steven Leath of Washington State Jaime Leath of Trumbull, CT. Marlene Jackson of Houston, TX along with three great grandchildren, Samantha Leath of Washington State, Mikey Leath of Trumbull and Zoe Leath of Trumbull.

Visitation will be held on Tuesday, January 27, 2026 from 10:00 am - 11:00 am, followed by a service of celebration at 11:00 am at Union Baptist Church, 805 Newfield Ave., Stamford, CT. Rev. Dr. Andre L. Bradley, officiant. Interment will follow at Woodland Cemetery, Stamford.

Cemetery Details

Woodland Cemetery

66 Woodland Place
Stamford, CT

Previous Events

Visitation

JAN 27. 10:00 AM - 11:00 AM (ET)

Union Baptist Church
805 Newfield Ave
Stamford, CT 06905-2998
(203) 322-0881

Tribute Wall

OB

“ To Vanessa and Family- May God Comfort You through these trying times- Oscar J Butler- Richmond Va

Oscar Butler - February 01 at 07:25 PM

KA

“ Dear Helen just seeing your funeral was yesterday so sorry I missed it didn't know you had pass but You are at Peace with God in Heaven you was such a beautiful person and to the family So sorry for your loss it was a pleasure caring for you was always so sweet God Bless You 🙏🏻🙏🏻🙏🏻



Karen - January 28 at 12:18 PM

KW

“ To the Leath Family. Vanessa, Aleta and Allen. My prayers and condolences to you all at this time. Your Mom and my Mom had the same name of Helen, two petite beautiful women who also graduated High School together. I will forever remember your Mother. Her beautiful smile, always so kind, her encouraging words and her beautiful alto voice. May she now sleep in peace. My Love to you all!



Karen Austin Williams

Karen Austin Williams - January 27 at 09:36 AM

TL

“ *Tonya A Lake lit a candle in memory of Mary Helen Leath*



Tonya A Lake - January 26 at 06:53 PM

BF

“ *Barbara Starkes & Family purchased the Arrive in Style for the family of Mary Helen Leath.*



Barbara Starkes & Family - January 26 at 10:17 AM

SH

“ *To Ms. Helen's Entire Family-*

Please accept my sincerest condolences.

Mr. Leath and my father were very good friends. My sister Gloria lived next door to Rita (as we called her) on Ursula Place. I remember your mom always with a smile. In fact, it was funny how both our mothers' first name was Mary, but they were only called by their middle name.

May God's embrace comfort all of you during this sorrowful time.

Sandy Holmes

Sandy Holmes - January 26 at 02:03 AM

AM

“ Dear Leath family, Vanessa, Allen and Aleta: On behalf of the McCray family, formerly of Stamford, I wish to convey our heartfelt condolences on the loss of Ms. Helen. May she rest in peace and your household is in our prayers...

Humbly submitted, with Peace & Love,

*Anita (“Nete”) McCray
Alexandria, VA*

Anita L. McCray - January 26 at 12:03 AM

JP

“ I give my condolences too Helen Leah family. Helen was such a nice and kind woman with a bright smile. May she rest in peace.
Love Joy Poteau

Joy Poteau - January 22 at 07:58 PM

CC

“ We called you Helen in the Church Office. Helen, I thought of you this week and now you have transitioned. You were a beautiful jewel with smiles, joy, kindness and dedication working part-time with The Perry’s in the Church Office at Union after finishing a full day of work at the Board Education. I will always remember you. Thank God you have made your journey home. May The Lord comfort your Family. 🙏💕💕

C. Cropper - January 22 at 07:29 AM